

Sandra Garton Breech

EDUCATION:

The University of Houston-Victoria, Victoria, Texas

- Master of Education in Counseling Psychology, July 2000
- GPA 4.0

The University of Texas, Austin, Texas

- Bachelor of Liberal Arts in Psychology, May 1997
- GPA 3.9132
- UT Honors
- Junior Fellow
- Phi Kappa Phi Honor Society

The University of Houston-Victoria, Victoria, Texas

- GPA 4.0
- Dean's List 1993, 1994, 1995
- National Dean's List 1994-1995, 1995-1996
- Psi Chi 1994, 1995

RESEARCH EXPERIENCE:

Research Assistant. University of Texas, Austin.

- Fall, 1995
- Supervisor: Dr. Joseph Horn
- Researched the underreported incidence of female psychopathy.

Research Assistant. University of Texas, Austin.

- Spring and Fall, 1996.
- Supervisor: Dr. Devendra Singh.
- Researched the effects of waist-hip ratio on interpersonal relationships and relationship choices.

PROFESSIONAL CREDENTIALS:

Licensed Professional Counselor, October, 2002

Registered Play Therapist, October, 2002

PROFESSIONAL EXPERIENCE:

Licensed Professional Counselor, Registered Play Therapist

Private Practice

Victoria, Texas

December 1, 2002 to Present

Licensed Professional Counselor-Intern

Mid-Coast Family Services

Victoria, Texas

September 2000 to June 2002

- Provided counseling to high-risk students
- Provided counseling to families of high-risk students
- Assessed students for substance abuse/dependence
- Linked students with agency/community/state resources

Counselor (practicum/volunteer)

Family Outreach

Cuero, Texas

February 2000 to August 2001

- Conducted individual and group therapy sessions with adults and children
- Supervised play therapy sessions
- Guided family therapy sessions
- Co-facilitated parenting classes for parents referred by Child Protective Services and for unwed teen moms

Case Manager

Gulf Bend Center

Victoria, Texas

August 1997 to December 1998

- Maintained a caseload of +140 priority population clients (schizophrenia, bipolar, major depression) with a 95% achievement rating
- Provided assessment services
- Performed crisis intervention face-to-face and via telephone
- Interfaced with community/state resources and agencies
- Commended for 100% client satisfaction reported by confidential survey

COMMUNITY SERVICE:

Parkway Baptist Church

Victoria, Texas

August 1997 through December 1998

- Researched the Recovery Program
- Facilitated addicted men's group

Women's Crisis Center

Victoria, Texas

1988 to 1993

- Provided crisis intervention as a Hotline volunteer
- Researched state-wide facilities for abused women/children and served as one of founders of the Victoria facility

Hope of South Texas

Victoria, Texas

1992 to 1993

- Provided crisis intervention as a Hotline volunteer

Junior League of Victoria

Victoria, Texas

1982 to Present

- Conducted Palmer Drug Abuse prevention workshops for elementary school children
- Served as co-chairman of Project Development, treasurer, Done-in-a-Day volunteer